

REPORT ON THE FELLOWSHIP TRAINING IN PAEDIATRIC SURGERY AT RED CROSS WAR MEMORIAL CHILDREN'S HOSPITAL JANUARY 2010-JUNE 2012

BACKGROUND:

After completing my Masters' degree in General surgery at Makerere University in June 2008, my desire was to do Paediatric surgery and so I worked as a volunteer on the paediatric surgical unit at Mulago Hospital (the national referral hospital of Kampala, Uganda) for one year. I got in contact with APFP through DR Sarah Kiguli, Head of Department, Paediatric and Child and Adolescent Health, Makerere University / Mulago Hospital. She introduced me to Dominique, the APFP administrator at that time; and then through a series of emails to Prof Paddy Hartley and Dominique, I finally got my confirmation of scholarship on 5th December 2008. In 2009 I spent most of that pursuing the requirements for registration with HPCSA. I arrived in Cape Town with my wife on 1st January 2010.

TRAINING:

I started training on 2nd January 2010. Spent the first 4 months as a junior registrar and then worked as a senior registrar on the general paediatric ward under Prof AJW Millar. I also did three months rotation on the Red Cross Hospital Paediatric Burns unit under Prof Heinz Rode. During this time I have been exposed a wide range of conditions in Paediatric surgery; including neonatal surgical conditions, laparoscopy, paediatric endoscopy, burns and oncology. My surgical techniques have improved and I have accumulated over 1200 surgical procedures in my log book.

I have attended a number of courses and workshops, one registrar's conference and attended 3 international conferences.

COURSES ATTENDED:

course	date /place
paediatric surgery for general surgeons	14 th /2/2010 : RCWMCH
vascular access workshop	21 st /4/2010 : RCWMCH
Advanced endoscopic surgery workshop	22 nd /9/2010 : RCWMCH
BAPS –neonatal course- PAPSA 2010	6 th /7/2010
SAPSRA symposium- 2011	9 th -11 th /9/2011: Durban SA
Emergency management of severe burns	9 th /11/11: RCWMCH
colonoscopy course	24 th /2/2012 : RCWMCH
Colorectal course- PAPSA 2012	22 nd – 23 rd 2012 : RCWMCH
Paediatric urology -PAPSA 2012	16 th / 3/2012 : RCWMCH

BAPS- British Association of Paediatric Surgeons.

PAPASA- Pan African Association of Paediatric Surgeons.

RCWMCH- Red Cross War Memorial Children's Hospital

SAPSRA- South African Paediatric Surgical Registrars Association.

INTERNATIONAL COMFRENCES ATTENDED

7th Pan African Association of Paediatric Surgeons- 2010 –Dar-es-Salaam, Tanzania

58th British Association of Paediatric Surgeons- 2011- Belfast, Northern Ireland

8th Pan African Association of Paediatric Surgeons – 2012- Cape Town, South Africa.

I have participated in writing 2 case reports, one published and one submitted for publication.

As I have come to know, that this is only the beginning, there is still a lot more to be done. However, this has laid a firm foundation for me on which I can build my career in paediatric surgery. The principles I have learnt here will always be a part of me.

SOCIAL ISSUES

On the family side; my wife successfully completed her M Med Clinical Epidemiology at Stellenbosch University. It has not all been about work, my first born son was delivered here in winter during my training. He is now one year. This is a living memorial of our time in Cape Town.

FUTURE PLANS

I will continue my training in Kenya at Kijabe Mission Hospital under Prof Dan Poneru et al and then do the College of Surgeons for East Central and Southern Africa Paediatric surgery exam (FCS Paed. (ECSA) in 2013, before finally returning to Uganda. I hope to be involved in teaching, research and clinical work when I finally get back.

APPRECIATION

I would like to thank Prof Millar and the entire Department of Paediatric surgery at Red Cross War Memorial hospital for availing me this opportunity to train in Paediatric Surgery and allowing me to continue for another 18 months on addition to the initial one year.

Prof Paddy Hartley, Dominique Uwizeyimana, Samantha Van Der Ross, Nicole Le-Chat and Avril Du Preez; who worked very hard to make to ensure that I have all the required documentation, accommodation and registration on time.

Mr S K Mutumba, head of Paediatric Surgery Unit of Mulago Hospital for recommending me for the fellowship.

APFP for sponsoring my fellowship training.

Liz, my wife and Samuel, my son for allowing me to pursue my career with you.

Almighty God who has kept me in perfect health during my stay in South Africa.

Report compiled by;

DR SITUMA MARTIN SAMUEL.

cc: Prof AJW Millar, HOD, Paediatric Surgery, University of Cape Town/ RCWMCH.

cc: Prof Alp Numanoglu.

cc: APFP Chair

cc: APFP Administrator